



Health Insurance – Concurrent Session 3

Health Care Reforms in the USA and Lessons for India

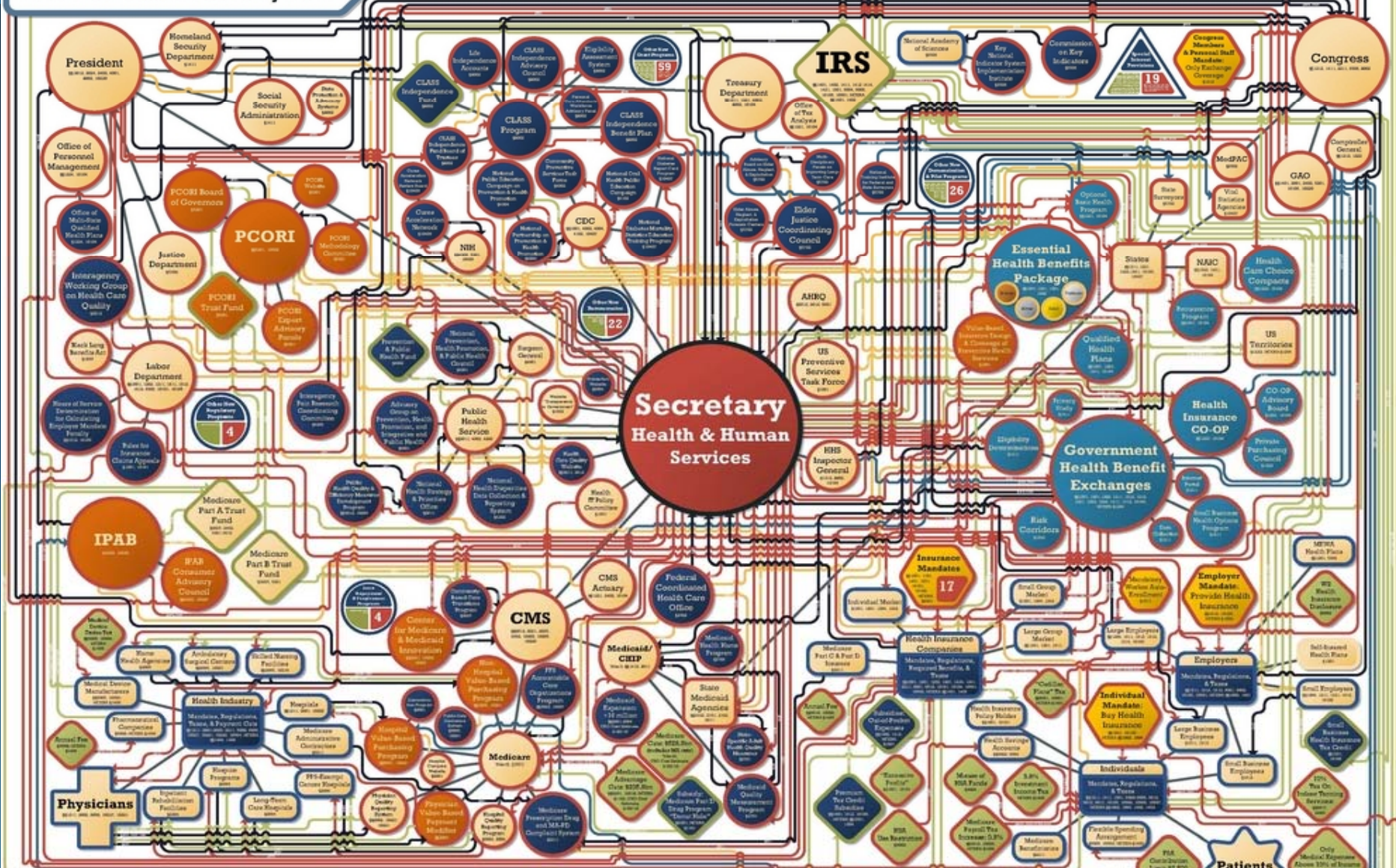
Waves of Reforms... Oceans of Opportunities

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Milliman

Trillion Dollar Wars
Who needs healthcare?

Your New Health Care System



New Government



Expanded Government



Private



New Relationships



ACH: Adjusted Care System
 AHRQ: Agency for Healthcare Research and Quality
 CDC: Centers for Disease Control & Prevention
 CHIP: Children's Health Insurance Program
 CLASS: Community Living Assistance Services & Supports
 CMS: Centers for Medicare & Medicaid Services
 CO-OP: Consumer-Owned & Operated Program
 FFS: Fee-For-Service
 FSA: Flexible Spending Arrangement
 GAO: Government Accountability Office
 HHS: Health Care & Education Reconciliation Act
 IRS: Health & Human Services Department

IRS: Health Savings Account
 IRB: Internal Revenue Service
 MACRA: Medicare Access and Reinvestment Extension Act
 Medicaid: Medicaid Early Rate Review
 MIPAC: Multiple Employer Wellness Arrangement
 NAC: National Association of Insurance Commissioners
 NRC: National Research Council
 PCORI: Patient-Centered Outcomes Research Institute
 PPS: Prospective Payment System

Patient Protection & Affordable Care Act, P.L. 111-148;
 Health Care & Education Reconciliation Act, P.L. 111-152
 Prepared by: Joint Economic Committee, Republican Staff
 Congressman Kevin Brady, Senior House Republican
 Senator Sam Brownback, Ranking Member

Health Reforms – At A Glance



Affordable Care Act (ACA) came into law which puts in place comprehensive reforms.



Improves access to affordable health coverage and access to care for the most vulnerable.



Protect consumers from abusive insurance company practices.



It allows all Americans to make health insurance choices that work for them.



It provides new ways to bring down costs and improve quality of care.

Annexure

Additional details of the US health care reforms

Key Features

- Summary of Benefits and Coverage (SBC) and Uniform Glossary

Health insurers are required to provide an easy to understand summary about a health plan's benefits and coverage. It helps in to better understand and evaluate your health insurance choices.

- Preventive Care Services

Under ACA, people enrolled under health plans may be eligible for some important preventive services – which can help them avoid illness and improve their health – at no additional cost.

- Pre-Existing Condition Insurance Plan (PCIP)

The Pre-Existing Condition Insurance Plan makes health coverage available to those who have been denied health insurance because of a pre-existing condition, *and* have been uninsured for at least six months. It can also be used to treat pre-existing disease

Key Features

- Children's Pre-Existing Conditions

Under ACA, health plans cannot limit or deny benefits or deny coverage for a child younger than age 19 simply because the child has a “pre-existing condition” – that is, a health problem that developed before the child applied to join the plan.

- Curbing Insurance Cancellations

ACA stops health plans from retroactively canceling the insurance coverage solely because member & member's employer made an honest mistake on your insurance application.

- Fighting Unreasonable Health Insurance Premium Increases

The Act ensures that, in any State, large proposed increases will be evaluated by experts to make sure they are based on reasonable cost assumptions and solid evidence. Additionally, insurance companies must provide easy to understand information to their customers about their reasons for significant rate increases.

Key Features

- Removes Insurance Company Barriers to Emergency Services

You can seek emergency care at a hospital outside of your health plan's network. You do not have to bear extra co-pay or co-insurance.

- Consumer Operated and Oriented Plans (CO-OPs)

ACA creates a new type of non-profit health insurer. These insurers are run by their customers. CO-OPs are meant to offer consumer-friendly, affordable health insurance options to individuals and small businesses.

- The Health Insurance Marketplace (Exchanges)

The Health Insurance Marketplace is designed to make buying health coverage easier and more affordable. The Marketplace will allow individuals and small businesses to compare health plans, get answers to questions, find out if they are eligible for tax credits for private insurance or health programs like the Children's Health Insurance Program (CHIP), and enroll in a health plan that meets their needs.

Key Features

- **Medical Loss Ratio (MLR)**

MLR requires insurance companies to spend at least 80% or 85% of premium dollars on medical care, with the review provisions imposing tighter limits on health insurance rate increases. If they fail to meet these standards, the insurance companies will be required to provide a rebate to their customers.

- **State Innovation Waivers**

The Affordable Care Act allows for States to pursue strategies to help people obtain affordable health insurance. The rules lay out the steps States will have to take to gain an Innovation Waiver under the Affordable Care Act.

- **Annual Limits**

Annual limits are the total benefits an insurance company will pay in a year while an individual is enrolled in a particular health insurance plan.

Starting in 2014, the Affordable Care Act bans annual dollar limits.

Key Features

- Healthcare.gov

HealthCare.gov is the first central database of health coverage options, combining information about public programs with information on more than 8,000 private insurance products. Consumers can review options specific to their personal situation and local community. The website connects consumers to quality rankings for local health care providers as well as preventive services.

- Risk Mitigation

There are three risk mitigation tactics in play starting in 2014. They are Risk Adjusters, Reinsurance and Risk Corridors.

- Taxes and Fees

There are numerous new taxes and fees that are assessed for various purposes.

- Many other features too numerous to describe

Summary of ACA's 3 Main Risk Mechanisms

	<u>Reinsurance</u>	<u>Adjusters</u>	<u>Corridors</u>
Goal	Reimburse individual carriers for likely adverse selection due to insuring highest cost individuals.	Mitigate adverse selection by ensuring plans compete based on efficiency (e.g., discounts, admin costs, etc.), not health status.	Give carriers comfort when participating in new markets on 1/1/14 by limiting their gains / losses.
Mechanism	All plans (including self-funded) will pay into a pool from which individual carriers will draw based on a percent of individual claims beyond an attachment point.	HHS will use a <u>distributive</u> approach to collect medical <u>diagnoses</u> (HCCs) and calculate a zero-sum payment transfer among the carriers based on a <u>concurrent</u> basis on medical and Rx costs for their risks insured.	Government will collect from (or reimburse) qualified health plans based on their financial results beyond a 3% loss ratio corridor after the reinsurance and risk adjustment calculations.
Starts	January 1, 2014		
Ends	Contributions end December 31, 2016; Payments may go through 2018	Indefinite	December 31, 2016
Authority	State Option		HHS
Markets	Pay: Commercial FI/SI plans; Receive: Ind non-GF Exch & Non	Individual and Small Group	
	Exchange and Non-Exchange (excl. Grandfathered)		QHPs Only: Exchange and Non

Pricing for the 3 Rs

- Reinsurance
 - Quarterly payments starting January 15, 2014
 - Calculate tax and build it into the insurance prices
 - Factor in reimbursement for any individual exchange business
- Risk Adjusters
 - Load base rate for average morbidity of insureds
 - Consider uninsured and newly self-insured
 - Price to a 1.00 risk [with potential margin to reflect imperfect risk adjusters]
 - Need to work risk scores to improve revenue
- Risk Corridor
 - Estimate net impact of pricing too high/low
 - May want to use in pricing strategy

Temporary Risk Corridor Program

- Risk corridor compares Allowable Cost to Target Amount
- Any gain/loss is shared with HHS
- Proposed Rule changes definition of Allowable Administrative Cost to include taxes and profit
- Purpose to make Risk Corridor program consistent with MLR definitions and approach
- Recognizes that issuers should be allowed to make a profit
- Profit defined as: Greater of
 1. Three percent of after-tax premiums earned; and
 2. Premiums earned minus allowable costs and administrative costsSubject to 20% cap on allowable administrative costs

Selected ACA Taxes / Fees

		Reinsurance Subsidy	Health Insurer Fee/Tax (ACA Sec. 9010)	Comparative Effectiveness Research	Cadillac / Excise
Rationale/Description		All markets help subsidize poor morbidity in individual market	Fixed fee collected by government based on allocation of premium relative to total	Fee funds research to compare health outcomes and clinical effectiveness	Method to put individual and group insurance on taxation level playing field
How long?		2014-2016	Indefinitely	2012 – 2019	2018+
How much?	Dollars	\$12/\$8/\$5 billion total; \$10/\$6/\$4 billion shared; \$2/\$2/\$1 billion Treasury Plus Administrative	2014: \$8B 2015/6: \$11.3B 2017/8: \$13.9-14.3B Index: Premium Trend	PY ending on or after: 10/1/12: \$1 PMPY 10/1/13: \$2 PMPY Indexed to NHE	40% of fully insured equivalent costs over \$10,200/\$27,500 trended at CPI-U+
	Est. PMPM	\$5 PMPM Paid (?) \$20-50 PMPM Indiv. Offset	\$5 PMPM (?)		Varies based on many factors, incl: FSA/HRA/HAS
	Est. % Prem	1-2%	1-2%		<0.2%
Who Pays?	Individual	Applicable to Carrier			NA
	Small FI				Employer will ultimately pay the bill
	Large FI				
	Self-insured	Plan Sponsor (TPA liable?)	Stop-loss Only or NA	Plan Sponsor	Higher thresholds for high risk groups, Applies to GFd plans Rationale: (1) Reduce utilization and (2) Fund UI'd
	Exemptions		0%: <\$25M prem, NPs, Ltd ben. policies 50%: \$25-50M,501(c) FIT: Not deductible NA:DI, LTC, MedSupp Incls: Medicaid MCOs	Medicare, Medicaid, Stop-loss carriers, FSAs, etc.	
Other Thoughts		This is one of the three risk adjustment mechanisms.			

Health Insurance Fee/Tax (ACA 9010)

- General
 - Government will allocate tax based on premiums
 - Payments are due September 30th in given year
- Premium calculation
 - $\text{Premiums} = (\text{First } \$25 \text{ million} \times 0) + (50\% \times 2^{\text{nd}} \$25 \text{ million}) + (\text{Premium} > \$50 \text{ million})$
 - Net written + reinsurance written less ceded – ceding commission
 - Includes: Hospital, medical, vision, dental, FEHBP, Medicare, Medicaid
 - Excludes: Accident, disability, critical illness, indemnity, LTC, Med supp
- Special Treatment
 - Tax-exempt entities count 50% of their premium
 - Entities are exempt if they are:
 - Non-profit and get $\geq 80\%$ revenue from government programs
 - Self-funded plans (with the possible exception of stop-loss premiums)

CCIIO – The Center for Consumer Information & Insurance Oversight

The screenshot shows the CCIIO website interface. At the top, there's a navigation bar with the U.S. Department of Health & Human Services logo and the CMS logo. Below this is a search bar and a navigation menu. The main content area is divided into three columns: Programs and Initiatives, Regulations and Guidance, and Updates. The Regulations and Guidance section is highlighted with a yellow underline.

Programs and Initiatives

- Consumer Support and Information
 - Consumer Assistance Program Grants
 - External Appeals
 - Summary of Benefits & Coverage & Uniform Glossary
- Content Requirements for HealthCare.gov
- Pre-Existing Condition Insurance Plan
- Early Retiree Reinsurance Program
- Affordable Insurance Exchanges
 - Early Innovator Grants
 - Information Technology Systems

Regulations and Guidance

- Consumer Support and Information
 - External Appeals
 - Summary of Benefits and Coverage and Uniform Glossary
- Content Requirements for Healthcare.gov
- Pre-Existing Condition Insurance Plan (PCIP)
- Early Retiree Reinsurance Program (ERRP)
- Affordable Insurance Exchanges
 - Plan Management
- Payment Policy and Financial Management
- State Innovations
- Consumer Operated and Oriented Plans Program
- Health Market Reforms
 - Regulations
 - Annual Limits
 - Association Coverage

Updates

- January 17, 2013: Health Insurance Marketplace Funding Awards to States
- January 2, 2013: Conditional Approval of State-Based Exchanges
- January 2, 2013: Guidance on State Partnership Exchange
- December 21, 2012: Additional Awardee in Consumer Oriented and Operated Plan (CO-OP) Program
- December 18, 2012: Frequently Asked Questions on Exchanges, Market Reforms, and Medicaid

www.cciio.cms.gov

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Lessons for India

